

2025 AUSCYCLING MOUNTAIN BIKE NATIONAL SERIES (DH) TECHNICAL GUIDE ROUND 4 - ORANGE



National Series

AusCycling

Welcome

This technical guide is for the information of the participants competing in the 2025 AusCycling MTB National Series (DH) Round 4 in Orange, NSW from the 29th to 30th of March 2025.

Welcome to the AusCycling MTB National Series for 2025!

We are thrilled to have you join us for what promises to be an incredible season showcasing the best of Australian mountain biking. This series is not just a competition - it's a celebration of the passion, skill, and dedication that make mountain biking one of the most exciting spectacles in the country.

A massive thank you goes out to the Orange Mountain Bike Club for closing out our Downhill National Series! Orange MTB have been hard at work to prepare the 'Freak on a Leash' trail for an awesome weekend of Downhill racing. We appreciate their dedication to the sport and thank them for putting time aside to offer the very best experience for you, the riders, as they can. We ask that you be courteous and kind when interacting with your hosts. Even buy them a coffee.

The MTB National Series is a critical part of the development pathway for aspiring riders, providing a platform for talent to flourish and progress toward international competition. Whilst we want to continue to ensure the sustainability of the series and continue to grow participation we always want to ensure that the racing being offered is tough and technical, reflective, to a degree, of what international racing looks and feels like, for those looking to take the next step. But whether you're a seasoned rider or just starting your journey, these events are designed to push your limits and foster growth, maybe on your way to the global stage.

This season and into future seasons, we are committed to improving the series by listening to the community. We will be gathering feedback through rider surveys and other engagement activities throughout the year. Your feedback is invaluable in shaping the future of the series—please take the time to share your thoughts and help us craft a format and schedule that supports riders, teams, and fans, as well as the commercial future of the series.

Thank you, to everyone, once again for your continued support of the National Series and for being a part of this journey. Let's make this final event of the season unforgettable!

Steve Peterson
Head of Events – MTB | CX

Welcome Message from Orange MTB Club

Orange Mountain bike Club and all of its supporters are extremely excited to host Rd4 of this national DH series. It marks a highpoint of our club's progression as a cycling destination. We sincerely thank everyone involved in getting the event off the ground and look forward to seeing our little hillside used with the intensity that only this level of racing can bring.

Regards

Chris Guerin

OMBC President

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Event Details

Dates

Friday 28th of March 2025 – Course Walk, no practice.

Saturday 29th of March 2025 – Practice & Event Social

Sunday 30th of March 2025 – Practice, Seeding & Racing

Location

Glenwood State Forrest, Boree Rd, Lidster NSW, 2800.

Entries

Entries open - Thursday 20th November 2024

[Round 4 Entries](#) – Entries Close - Sunday 27th March 2025 – 11:00am

Participants are required to hold a current and valid AusCycling 'Race – Off Road or All Discipline' membership (for all National Championship & Series events) Failure to provide a current license will result in the rider having to pay to renew their membership at registration.

Riders must be covered by AusCycling insurance whilst participating in the event through either a AusCycling Off-Road Membership or AusCycling All Discipline Membership - no temporary memberships are permitted for any category in these Championships. Further information regarding AusCycling memberships can be found at the following link - <https://auscycling.org.au/membership>

Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Be required to wear minimum safety gear including appropriately approved helmet.
- Ensure that their bicycle is in good working order.
- Ensure they have an adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.
- Be responsible for ensuring they are fit enough for the activity.

Rider Registration

Registration/ Event Sign on will be onsite at the Race Village on Saturday 29th (7:00am – 11:00am), and Sunday the 30th (7:00am – 11:00am). All categories are open to members of any national federation.

Rider Communications

Key information for riders and spectators will be posted in the event Whatsapp Channel. You can follow this channel for all updates and to find important information such as start lists and Results. You can access this channel by following the link below or scanning the QR code from your mobile device.

<https://whatsapp.com/channel/0029Vb5aYYDp2Q7EM73d33Z>



Event Schedule

Friday 28th March

Group	Categories	Time	
	Official Course Walk	12:00pm	4:00pm

*Track Closed on Friday the 28th due to course works.

Saturday 29th March

Group	Categories	Time	
All Groups	Registrations	7:00am	11:00am
Group B (Practice)	U15 Men & Women U17 Men & Women Expert Men & Women Masters Men & Women	8:00am	11:30am
Group A (Practice)	U19 Men & Women Elite Men & Women	11:30am	3:00pm
All Groups	Open Practice	3:00pm	4:00pm
All Groups	Event Social*	3:00pm	7:00pm

*Social Shuttles run from 3pm – 6pm

Sunday 30th March

Group	Categories	Time	
Group A (Practice)	U19 Men & Women Elite Men & Women	8:00am	9:30am
Group B (Practice)	U15 Men & Women U17 Men & Women Expert Men & Women Masters Men & Women	9:30am	11:00am
Group A (Seeding)	U19 Men & Women U17 Men & U17 Women Elite Men & Women	11:15am	12:45pm
Group B (Racing)	U15 Men & Women Expert Men & Women Masters Men & Women	12:45pm	1:45pm
Group A (Racing)	U19 Men & Women U17 Men & Women Elite Men & Women	1:45pm	3:30pm
All Groups	Presentations	3:30pm	4:15pm

Event Contact list

AusCycling Management

Steve Peterson | Head of Events (MTB & CX)

Email: steve.peterson@auscycling.org.au

Harry Fortune | Manager of Event Operations (MTB & CX)

Email: harry.fortune@auscycling.org.au

Club Contact

Email: president@orangemountainbikeclub.com.au

Mobile: 0428 301 210

PCP

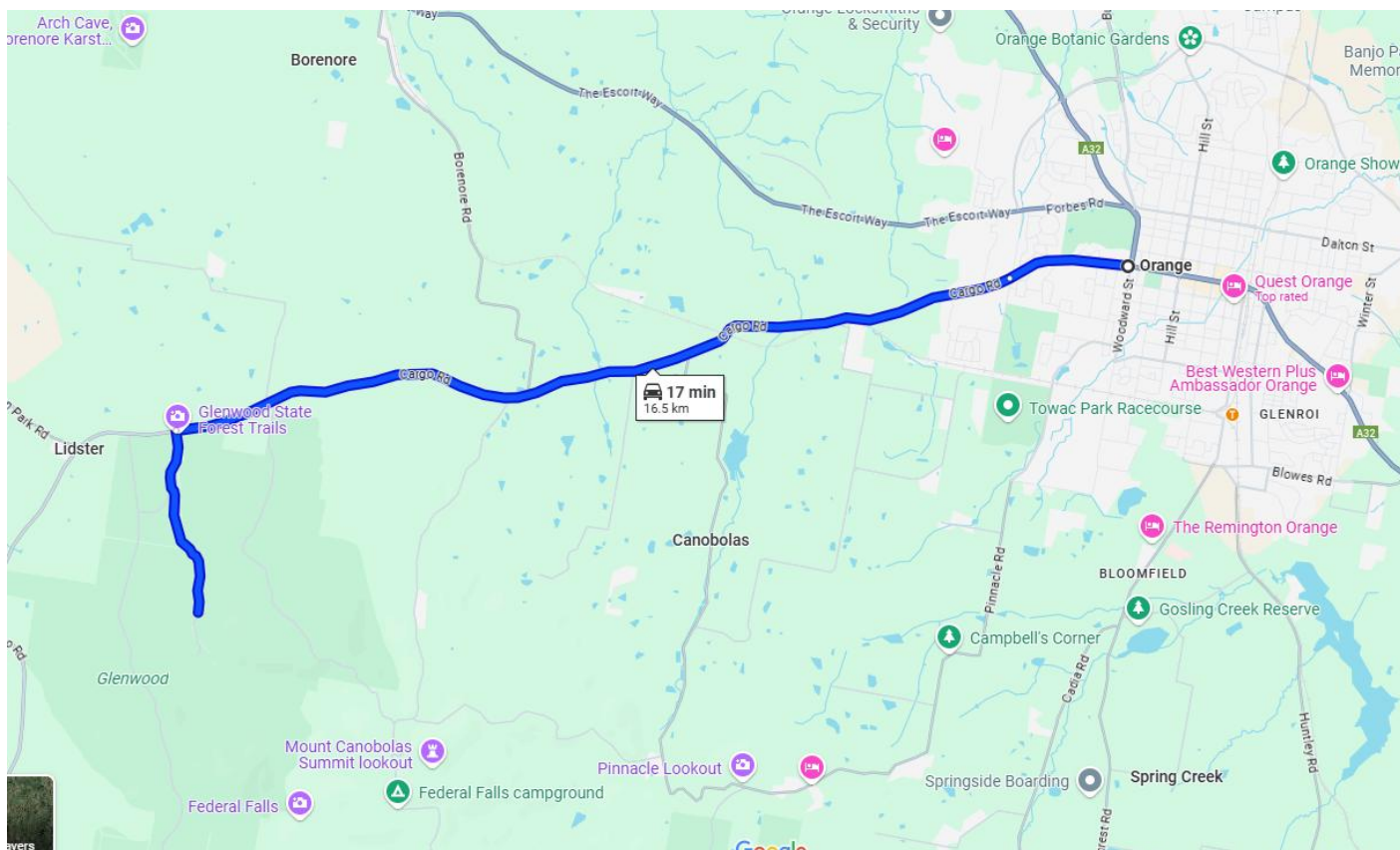
Mark Welsh

Commissaire Panel

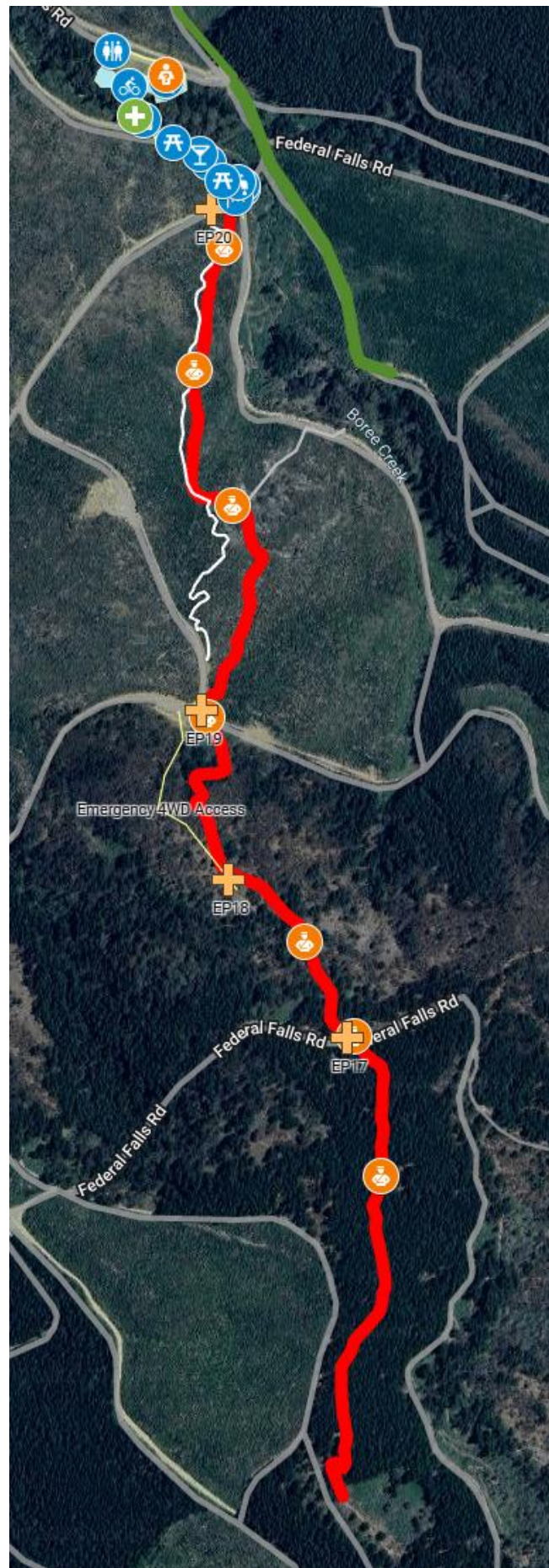
Andrew Dhem

Event Location

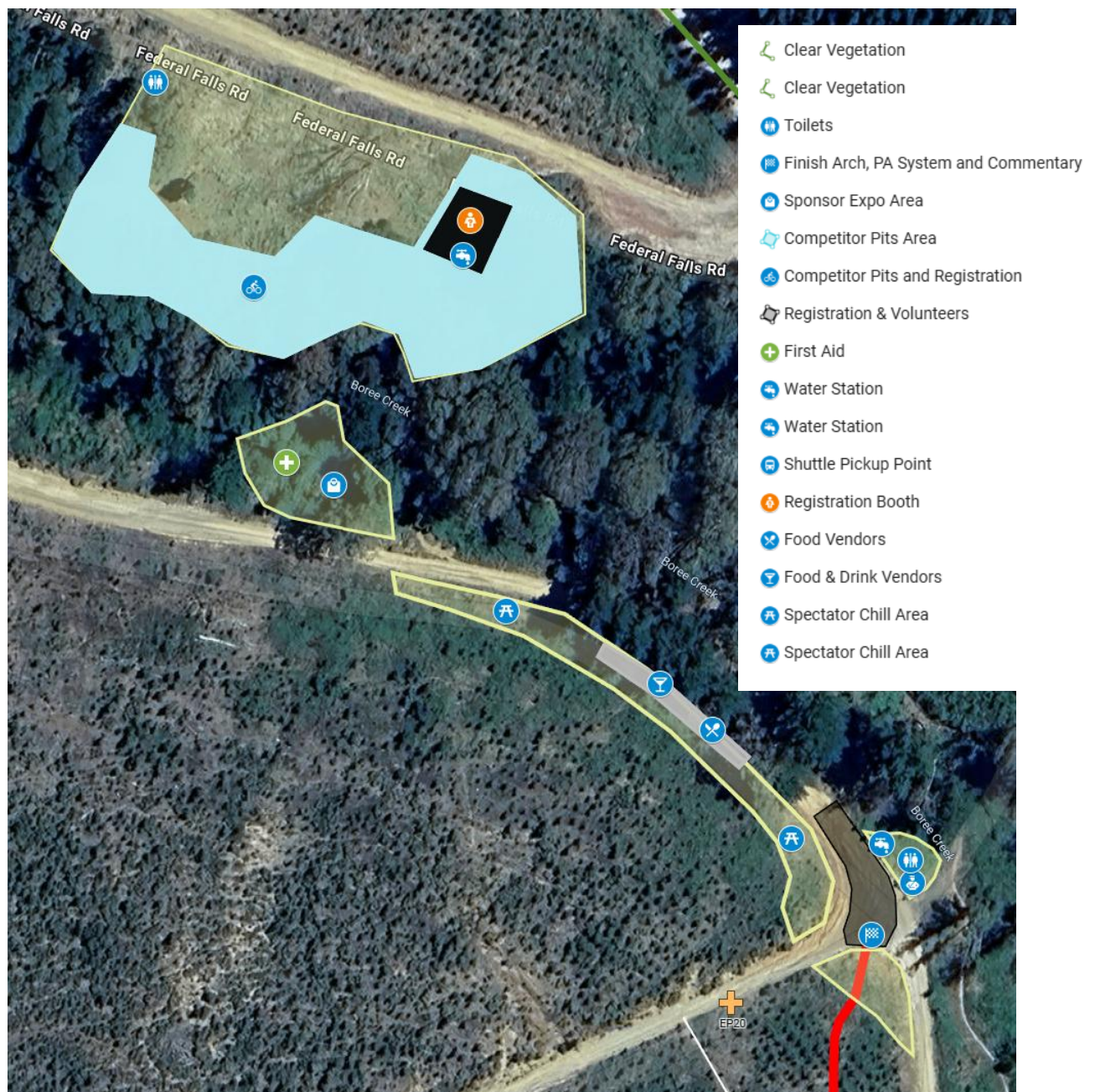
Orange to Glenwood State Forrest (Event Village) (approx. 20 mins)



Course Map



Race Village



Rules and regulations

These regulations can be read below:

- [2025 Mountain Bike Technical Regulations](#)
- [2025 General Technical Regulations](#)

There will be dedicated paramedical staff present on both days of racing. Medical staff will be located on course as well as in the event village.

The nearest hospital to the race location with an emergency room is the Bloomfield Hospital, Orange - 1502 Forest Rd, Bloomfield NSW 2800

Results will be available at: <https://results.auscycling.org.au/>

Series Points to be awarded for final placings.

Final Race Run Points									
Position	Points	Position	Points	Position	Points	Position	Points	Position	Points
1st	200	11th	110	21st	90	31st	70	41st	50
2nd	186	12th	108	22nd	88	32nd	68	42nd	48
3rd	176	13th	106	23rd	86	33rd	66	43rd	46
4th	168	14th	104	24th	84	34th	64	44th	44
5th	160	15th	102	25th	82	35th	62	45th	42
6th	152	16th	100	26th	80	36th	60	46th	40
7th	144	17th	98	27th	78	37th	58	47th	38
8th	136	18th	96	28th	76	38th	56	48th	36
9th	124	19th	94	29th	74	39th	54	49th	34
10th	116	20th	92	30th	72	40th	52	50th	32
								51st~	30
								DNF	20
								DNS	0

Presentations

Presentation ceremonies will take place in the event village at the conclusion of racing on Day 2. Presentation will occur as soon as practicable after the last rider has crossed the finish line. All riders who finish 1st to 5th in Elite or 1st to 3rd in all other categories must be present at their presentation.

Awards and Prizing

Awards for this event are in accordance with the 2025 AusCycling MTB National Series Guide. AusCycling will be awarding medals to all National Series supported categories as well as Bike Sportz Vouchers for U19 Men and Women podium finishers.

Parking

Spectator access will be via Boree road, a 2WD suitable gravel road. Parking will be allocated along Boree Road within proximity to the event village as outlined in the Course / race village map.

Venue, stage and village access

Event village is located at the top of the Downhill track – ‘Freak on a Leash’ and is accessed via Boree road.

Toilets, drinking water, food and beverage vendors, first aid and sponsor expo areas will be onsite at the race village.

Rider Emergency Procedure

If you find yourself or another rider in need of medical assistance either during practice or race days, please follow the procedure below.

1. Stop riding and remove yourself and your bike from the track
2. Ensure that you are not in any danger to assist the injured persons.
3. Direct the next rider to alert the marshal at the next marshaling point that there is an injured rider.
4. Remain with the rider until assistance arrives.

Riders affected by an injured rider will be offered a re-run.

Trail Access outside of event days

Riders must be aware that all trails will not be staffed outside of official practice and race times. Riders who access the trails at this time do so at their own risk of being unable to access emergency assistance. Please be aware that workers may be completing bunting and final preparations on the track during the week leading up to the event. It is recommended that riders monitor the Toowoomba Mountain Bike Club social media pages for alerts.

Social Media

Please help us grow the profile of the MTB National Series by using the hashtag #AusCyclingMTBCX

Aus Cycling

Facebook: @AusCyclingMTBCX
X/Twitter: @AusCyclingAus
Instagram: @auscyclingausOfficial

Orange MTB Club

@orangemountainbikeclub
#visitorange
#freakonaleash
#orangemt看
#glenwoodtrails

Technical Information

Rider Uplift

Riders can access uplift shuttles departing from the bottom of the Downhill run to the race village to the top of the DH course. The pickup point will be signed and is at the base of the DH trail where it intersects with the other trails.

Race Numbers

For all races, DH riders will be issued a race plate at registration plus a separate timing chip which they must attach to the front forks of their bike.

This chip must be returned to DH timing after their final race run.

Race Plates must be clearly visible and unaltered in any way. This race plate must be fixed to the rider's bike prior to commencing any practice or racing.

Race numbers must be visible to any official or rider whilst on track in either race or course practice. This means that the race plate cannot be obscured in any way.

The race plate must be:

- Displayed flat, not curved.
- Free from visible obstructions such as cables or any other hardware.
- Displayed as provided, not cut, folded or altered in any way.
- Perpendicular to the ground with a slight upwards slant.



Example

Safety Equipment

As per the 2025 AusCycling Mountain Bike Technical Regulations (Annexure A), riders must meet the following requirements for safety equipment:

- a) A Full-face helmets meeting AS 2063 or equivalent standard with a fixed non-detachable mouthpiece are mandatory at all AusCycling sanctioned events
- b) The jersey shall be a long-sleeved shirt with sleeves that extend down to the rider's wrists. Jerseys used in downhill events should be of a type specifically designed and sold for use in BMX Racing or Mountain Bike downhill events. Jerseys designed for road cycling, skinsuits, or one-piece suits comprising the jersey and the pants/shorts are not permitted for use in downhill events. The jersey must be either close fitting around the waist or must be tucked into the pants before the start to not cause

interference. Knees must be covered by full-length trousers and/or self-fastening knee or knee/shin guards expressly designed for off-road competition.

- c) For all riders who are eligible to compete in U13, U15 and U17 categories, the following equipment is mandatory at all times while on track regardless of registered category:
- Full-finger gloves must be worn;
 - Full length jersey – jersey must cover elbows at all times;
 - Knee pads and elbow pads must be worn.

The use of the following for all competitors is strongly recommended:

- Neck brace expressly designed for off-road competition;
- Back and shoulder protection expressly designed for the purpose;
- Full finger gloves;
- Elbow protectors and/or long sleeve jersey to the wrist;
- Goggles expressly designed for the purpose.

Race Seeding

Seeding/Plate order is determined as follows for Round 4 (Sunday 30th of March)

Elite & U19	
1.	2025 National Series Rankings
2.	UCI World Champion
3.	AusCycling National Champion
4.	Top 200 UCI riders by points
5.	2023/24 National Series rankings
6.	Order of Entry
Masters	
1.	2025 National Series Rankings
2.	AusCycling National Champion
3.	2023/24 National Series rankings
4.	Order of Entry
J13, J15, J17	
1.	2025 National Series Rankings
2.	Order of Entry

AusCycling National Series - Seeding / qualifying Points Scoring

Group A DH1 Seeding Points							
Position	Points	Position	Points	Position	Points	Position	Points
1st	50	6th	25	11th	19	16th	9
2nd	45	7th	23	12th	17	17th	7
3rd	40	8th	21	13th	15	18th	5
4th	35	9th	20	14th	13	19th	3
5th	30	10th	20	15th	11	20th	1

Severe Weather Guidelines

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion or other dangerous conditions. In all cases the event will follow the AusCycling Extreme Weather Guidelines.

Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations. If you are currently taking any medication (including supplements), please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who needs to complete a TUE in-advance for Cycling? Athletes who are taking, considering taking, or being prescribed any banned or prohibited substances.

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education module.